



# The Carbondale Presbyterian

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## Church Office Hours

Monday through Thurs-  
day 9:00-11:30 a.m. and  
12:30-4:00 p.m.

## Phone Extensions:

Rev. Bean 101  
Barb 100  
Carlyn: 106  
SI Diaper Bank 110

Notes from Kerry

## Haven't Got a Prayer?

Does your prayer life feel uninspired? Do you feel like you're just going through the motions? Is that what's got you down in the dumps, Bunky?

Well, fret no more! For here is a list of sure-fire ways to surely fire up your devotional time and bring that rosy glow back to your prayerful countenance!

1. Dust off your bible! Yes, there it is- up on the shelf between I'm OK, You're OK and those old Newhart DVDs. And turn to the Psalms. They are worship songs and poems from Old Testament times. And there are so many kinds of psalms: praise, thanksgiving, lament, confession. Just read a few (maybe even out loud) and feel your pray-er's block just melt away!
2. Keep a prayer journal. It doesn't have to be formal or structured in any way. And please don't judge yourself on artistic merit! Just jot down ideas or kernels of those things presently on your mind and in your heart. It could be like a spiritual archeology project! What's residing there in your inner self? Only God knows, and this exercise can get you in the loop, too!
3. Try meditation or yoga or mindful breathing. The idea is to set aside time to be focused on something other than your omnipresent to-do list and Netflix. These are practices that create more space for the in-dwelling of the Holy Spirit.
4. Read other people's prayers. I've mentioned several times one of favorite online resources: <http://worldinprayer.org/> but my shelves have got some good titles for prayer practice as well, including The Union Prayer Book and The Book of Common Worship (Westminster John Knox Press).
5. Do other prayerful things. Take a stroll or a hike. Paint a watercolor. Re-organize a drawer (keeping what brings you joy, of course). Walk a labyrinth. Anything that allows you to slow down and be mindful of the moment- and open yourself to new energy, new possibilities.

The purposes of prayer are many. Perhaps most important is to re-connect or more deeply connect with God. Try these things (or other things!) that help you find that "place" of connection. And stay there awhile. Believe it or not (actually, it's best to believe it), you have all the time you need to be more fully present to the Spirit moving in you and around you.

Here's praying for an inspired Pentecost for us all- and a healthy and happy summer, too!

Peace,

Kerry



sions remain vital and active!

The Stewardship Ministry—with Session approval—will soon be rolling out a new online giving option on our church website. This service will allow church donations via credit or debit card, on a one-time or recurring basis, with a 2% administrative fee charged to the church. If they wish, donors will have the option of covering the 2% fee with their contribution, with the entire donated amount fully tax-deductible as a charitable expense.

Other options for distance giving include using your bank's online banking service to direct a check to the church (you provide the recipient's name and address, and most banks will mail the check for free). Also, at any time you may contact the church office to request a direct debit form, with which you may set up a recurring ACH draft from your checking or savings account (as many folks already do). Finally, old-fashioned paper checks are always welcomed.

Your continued financial support helps us continue to Seek the Faith, Share the Spirit and Serve our community and each other—thank you!

Thank you to everyone for their financial contributions to First Presbyterian Church during the current pandemic. Even while our doors have been closed, we have continued to pay staff salaries, utilities and insurance; plus, our ministries and mis-

### Snider Hill Cemetery Summer Maintenance

Our **Small Groups** Ministry will host our second workday of the season Saturday, June 27, to prepare the cemetery for July 4th.

Plan to arrive around 9 a.m. We will work two to three hours. Plan to wear long pants, shoes/boots appropriate for tall grass and uneven terrain. Bring gloves, water, and any tools you might use around your house for cleanup work such as hand saws, loppers and pruners. The cemetery is located off Park Avenue just east of Lewis Lane. For directions or questions, contact Phyllis Beck, Harry Davis, Bob Luebbers or Beth Malmquist.



Help us spruce up the cemetery for the major summer holidays. Our remaining work date for this season will be Saturday August 29.

As always, if there is a need to cancel, we will send an Alerts message, so check your email if in doubt. Thanks for helping with this ministry of the church.

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## PENTECOST OFFERING



Pentecost Offering is one of four special offerings received by the Presbyterian Church throughout the year. This offering is designated for a variety of programs for children, youth, and young adults. At the national level, the Pentecost supports the Young Adult Volunteers (YAV) program, ministries with youth, and programs for children at-risk.

Of the four special offerings, the Pentecost Offering is the one that can have the most impact in our own community: 40% of the offering is retained locally. In previous years, the local portion was around \$1,000, giving us the opportunity to provide significant support to worthy programs such as the Su Casa Head Start daycare program in Cobden, the Boys and Girls Club, and Gum Drops.

We encourage you to give generously to the Pentecost Offering by sending a check to the church office, with "Pentecost" in the memo line.

# Thank You!



June 1, 2000, Barbara Stewart joined our church's staff as Administrative Assistant. Since then, Barb has played a key role in managing the church's finances; coordinating and facilitating communication between and among church staff and congregants; and responding to requests for assistance from the community (among many other tasks). Even though she recently celebrated a "milestone" birthday, happily Barb has no plans to retire anytime soon! We extend our heartfelt appreciation for and affection toward Barb—here's to many more years working together.



## Birthdays

- 1 Gerry Buys
- 2 Mark O'Donoghue
- 3 Dori Jefferson
- 4 Carly Hertzing
- 5 Darrell Bryant
- 5 Dede Ittner
- 10 Deb Burns
- 11 Mary Luh Fraunfe;ter
- 12 Rosey Gibbs

- 14 Diane Cash
- 15 Bob Luebbers
- 19 Jill Hertzing
- 19 Ethan Forsberg
- 21 Imogene Beckemeyer
- 23 Sarah Meredith
- 25 Harry Davis
- 28 Bobbie Ogletree
- 28 Rick Jefferson

## Anniversaries

- 10 Linda and Kent Brandon
- 14 Carol and David King
- 30 Carolyn and John Hooker

## THANKS TO ALL WHO FACILITATED FAITH DEVELOPMENT ACTIVITIES THIS YEAR!

The Faith Development ministry team expresses our heartfelt gratitude to all who led activities at First Presbyterian Church designed to foster the faith development of our congregation. We couldn't do it with you!

Thanks  
for Your  
Help!

John Baker  
Kerry Bean  
Jim Calloway  
Reona Daly  
Peter Hertzing  
Kathy Manfredi  
Pat Manfredi  
Jane Swanson  
Kitty Trescott  
Ann Warner  
David Warner  
Members of Session

And special thanks to Sara Squires and Maddie Moore for providing a supportive and loving environment for our children!





Greetings from Presbyterian Child Development Center Daycare. We hope everyone is staying healthy and safe.

Our families have been continuing to spend time at home together; what a blessing for them to get this precious time with their little ones.

We had a nice surprise in our school garden this year...our gladiolas came back. We are excited for them to bring much needed beauty during this time.

At some point, when deemed safe, we will be reopening our center. In order to open safely, we will need to have a large supply of items to help provide a healthy and safe environment. As you may or may not know, items are extremely scarce and limited at the stores. We are asking for help to collect some of these much needed items. If you are interested in helping, please gather items as they may be available at the stores. At a later time, we can arrange a time for dropping them off. Some of the items needed are: disposable gloves, masks, gowns/smocks, thermometers, bleach, soap (hand and dish), disinfectant spray, disinfectant wipes, paper towels, Kleenex, toilet paper, trash bags, disposable plates, cups, bowls, spoons, forks, and ziplock bags. We will also need help acquiring milk and food items. We would appreciate any help you could provide. We are trying to prepare and adjust to the new health and safety measures that will be required upon reopening. Thank you to everyone for your support.

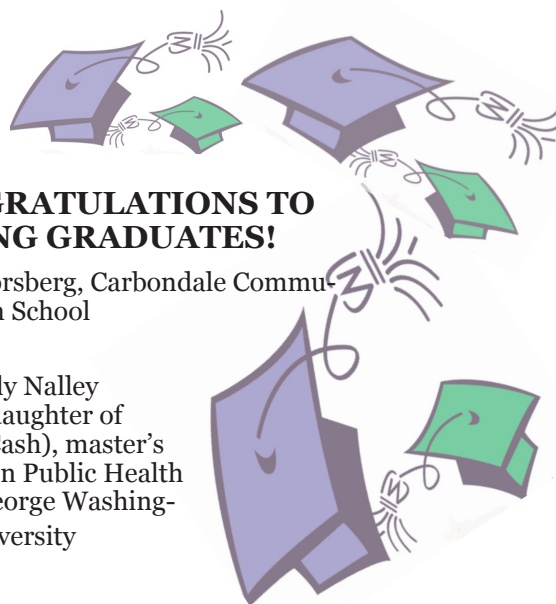
If anyone is making masks (or smocks), we would appreciate help getting some for our staff and possibly children. We would also appreciate some masks that we could have for our dolls and stuffed animals for the children to use in their play. Please let us know if you would be able to help provide some. Thanks again.

We wish everyone a healthy and safe month ahead. Love and prayers for all.

## CONGRATULATIONS TO SPRING GRADUATES!

Ethan Forsberg, Carbondale Community High School

Kimberly Nalley (granddaughter of Diane Cash), master's degree in Public Health from George Washington University



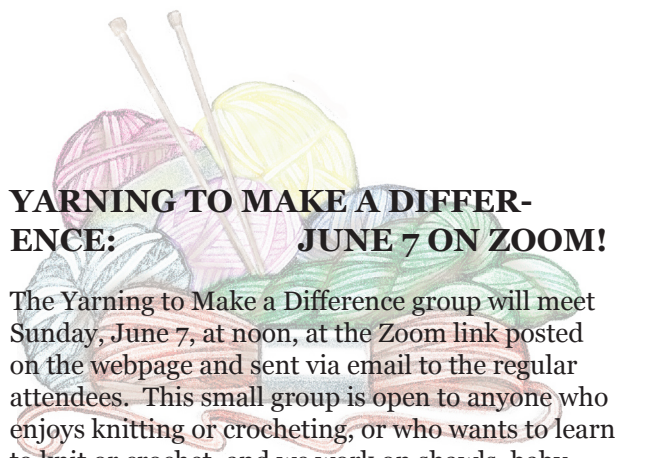
## The Dinner Group

We will postpone our our next meeting of the Dinner Group until July. We have a large percentage of elder members and the only dining in June may be outdoor dining so it was decided not to try to have a dinner in June. We will try to have a dinner in July and have John Jackson as a speaker talk about the up coming November election. Mark July 16 on your calendar as our next meeting. We will let you know the location as

soon as we make arrangements.

## YARNING TO MAKE A DIFFERENCE: JUNE 7 ON ZOOM!

The Yarning to Make a Difference group will meet Sunday, June 7, at noon, at the Zoom link posted on the webpage and sent via email to the regular attendees. This small group is open to anyone who enjoys knitting or crocheting, or who wants to learn to knit or crochet, and we work on shawls, baby blankets, and other mission-related projects. Contact Jane Swanson (jlsphd@gmail.com) for more information.



## Energize Our Healthcare Heroes

With your help, Mission Ministry is providing healthy snacks for healthcare workers at the local hospitals that are part of the SIH system.

To show our support and appreciation for local healthcare workers, we are supplying the break rooms at local hospitals with healthy snacks for these workers to enjoy during their shift breaks. Stocking break rooms with healthy snacks will allow healthcare workers to access the food around the clock at their convenience, even if they have little break time.

Thank you to those who have already donated towards the purchase of these snacks. If you have not donated already, but would like to be part of this project, please send a check made payable to First Presbyterian Church with a notation that it is for our healthcare heroes. Mission will arrange the purchase and delivery of the snacks to the hospitals in conjunction with the SIH Foundation.

SIH would also appreciate notes and cards with messages of support and inspiration for the healthcare workers to accompany the food or you are encouraged to submit messages to the electronic "Kudos Board" at [Kudoboard for Southern Illinois | Kudoboard](#)

# Thank you!

## Doctors, Nurses & All SIH Team Members

*We are in this together*

*We miss seeing your familiar faces in all the old familiar places.*



Linda Brandon  
Treasurer



Barb Stewart  
Administrative Assis.



Rolanda Quick  
Stewardship

Financial Report April 2020

33% of the year completed

Line	Income	Budget	
Pledges	\$ 119,846.32	\$ 220,000.00	54%
Nonpledge Offerings	\$ 4,910.00	\$ 12,000.00	41%
Per Capita	\$ 2,714.00	\$ 1,500.00	181%
Trans. From Investments		\$ 23,004.62	
Miscellaneous	\$ 8,262.39	\$ 20,290.00	41%
Totals	\$ 135,732.71	\$ 276,794.62	49%
Line	Expenditures	Budget	
Mission	\$ 2,832.19	\$ 13,520.00	21%
Pastoral Ministry	\$ 25,678.59	\$ 82,730.07	31%
Staff	\$ 27,084.79	\$ 82,469.55	33%
Christian Ed.	\$ 105.65	\$ 4,900.00	2%
Worship & Music	\$ 477.74	\$ 3,525.00	14%
Comm/Administration	\$ 12,305.92	\$ 22,250.00	55%
Property/Capital	\$ 19,437.21	\$ 65,300.00	30%
Christian Nurture	\$ -	\$ 2,100.00	0%
Total	\$ 87,922.09	\$ 276,794.62	32%
Revenues over expenses	\$ 47,810.62		

Note from the Newsletter Editor:  
 Since First Presbyterian Church is closed  
 until further notice, there will be no calendar this month.

Please check our website or Facebook  
 page for links to Sunday Church Services  
 and Wednesday Bible Study: [www.first-prescdale.org](http://www.first-prescdale.org) or [www.facebook.com/first-prescdale/](https://www.facebook.com/first-prescdale/)

# OOPS!

Psalm 100 (to be read responsibly)

This appeared in some other church publication,  
 not one of ours.



**First Presbyterian Church**  
**Carbondale, Illinois**

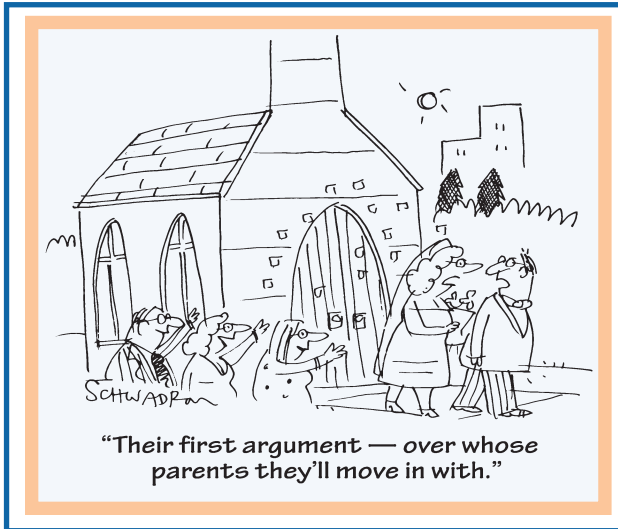
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**Pastor:** Rev. Kerry Bean, Email: [pastorkerry@firstprescdale.org](mailto:pastorkerry@firstprescdale.org)



**JUNE 2020**



**1920 Town Population tops 6000.**

**1925: Tri-county Tornado nearby required massive aid from the town of Carbondale.**

**1926: City-owned WATER service established.**